



FIELD SHEET

30-DAY OBSERVATION GRID

Build your EDC on what actually happens to you, not on a scenario.

HOW TO USE IT

1. Write it down the same evening, in one line. An unrecorded friction is a lost one.
2. Record only what happened. No anticipation, no scenarios.
3. At day 30, count the recurrences: only those justify a purchase.

D	WHAT WENT WRONG	WHAT WOULD HELP
1		
2		
3		
4		
5		
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10		
11		
12		
13		
14		
15		

D	WHAT WENT WRONG	WHAT WOULD HELP
16		
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24		
25		
26		
27		
28		
29		
30		

DAY 30 REVIEW

Most frequent frictions: _____

Three gaps to close, in order: _____

To remove from the system (unused in 30 days): _____

